



People with Disabilities Have the Same Rights as People without Disabilities

What is a CIL?

A **Center for Independent Living (CIL)** is a community-based nonprofit organization run by and for people with disabilities. CILs provide information, resources, and support to help people reach their personal goals and participate fully in everyday life.

Services are free and tailored to each person's needs — whether that means learning new skills, finding accessible housing, or getting connected with community programs.

How Do You Help People With Disabilities?

We help people with disabilities live more independently by offering services such as:

- **Information and referral to local resources**
- **Skills training for daily living, employment, or technology**
- **Peer support from others who've been there**
- **Advocacy for accessibility and disability rights**
- **Transition support for youth and adults moving into new stages of life**

Our team works side by side with each person to create a plan that supports their goals — big or small.

How Do I Know If I'm Eligible?

If you have a disability and want to learn skills, make friends, or become more independent, you're eligible! We serve youth and adults with all types of disabilities — physical, intellectual, developmental, sensory, or mental health-related. No formal diagnosis paperwork is required to start the conversation.

How Much Does It Cost?

Our services are **free**. As a nonprofit organization, we're funded through grants and community support so that cost is never a barrier to participation.

How Do I Sign Up?

Getting Started is Easy!

You can:

- **Call our office: 702-889-4216**
- **Email us: SNCIL@SNCIL.org**
- **Or fill out a short form on our website: <https://sncil.org/consumer-intake-form>**

We'll reach out to schedule a time to talk about your interests and goals.

What Comes Next?

After your first conversation, we'll work together to create a personalized plan. You'll meet our team, learn about available programs, and decide what services are the best fit.

And the best part? **Nobody ages out of a CIL**. As your goals change over time, we'll adjust our support to help you meet your new goals — whether that means learning new skills, finding a job, volunteering, or exploring new ways to be independent and connected in your community.



Southern Nevada
Center for Independent Living

